

Appendix 2: Surrey CCGs Primary Care Management of Asthma in Adults and Adolescents over 12 years

Inhaled Corticosteroid (ICS) / Long Acting Beta 2 agonist (LABA) combination choices and dosing.

November 2015

Step up treatment as necessary and down when control is good. Titrate to the lowest dose at which control is maintained.

Step 3(a): Add LABA before going above 400mcg BDP equivalent/day:

Starting Dose 400mcg BDP equivalent/day*.

MDI + spacer (Starting Dose):

Fostair® 100/6 1 puff bd

(£14.66) or

Flutiform® 50/5 2 puffs bd

(£14.40) or

Seretide Evohaler® 50/25 2 puffs bd

(£18.00)

Dry Powder Inhaler (DPI):

Fostair Nexthaler® 100/6 1 puff bd

(£14.66) or

Duoresp Spiromax® 160/4.5 1 puff bd

(£14.98) or

Seretide Accuhaler® 100/50 1 puff bd

(£18.00) or

Symbicort Turbohaler® 200/6 1 puff bd

(£19.00)

Step 3(b): Response of LABA but control still suboptimal increase ICS dose to 800mcg BDP equivalent*/day:

MDI + spacer:

Fostair® 100/6 2 puffs bd

(£29.32) or

Flutiform® 125/5 MDI 2 puffs bd

(£28.00) or

Sirdupla® 125/25 2 puffs bd

(£26.25) or

Seretide Evohaler® 125/25 2 puffs bd

(£35.00)

Dry Powder Inhaler (DPI):

Fostair Nexthaler® 100/6 2 puffs bd

(£29.32) or

Duoresp Spiromax® 160/4.5 2 puffs bd

(£29.97) or

Seretide Accuhaler® 250/50 1 puff bd

(£35.00) or

Symbicort Turbohaler® 200/6 2 puffs bd

(£38.00)

Step 4: Consider trial of increasing ICS to 2000mcg BDP equivalent*/day:

High Dose ICS Safety Card required for doses >1000mcg BDP equivalent/day

MDI + spacer:

Fostair® 200/6 2 puffs bd

(£29.32) or

Flutiform® 250/10 MDI 2 puffs bd

(£45.56) or

Sirdupla® 250 2 puffs bd

(£44.61) or

Seretide Evohaler® 250 2 puffs bd

(£59.48)

Dry Powder Inhaler (DPI):

Fostair Nexthaler® 200/6 2 puffs bd

(£29.32)

Duoresp Spiromax® 320 /9 2 puffs bd

(£59.94) or

Seretide Accuhaler® 500/50 1 puff bd

(£40.92) or

Symbicort Turbohaler® 400/12 2 puffs bd

(£76.00)

*Beclometasone Dipropionate equivalent. See Appendix 1 for information on specific equivalences. Doses recommended above are nearest available equivalent to stated BDP dose for each drug/device.

Prices from MIMS March 2016

For licensing and further product information see Appendix 1 and SPCs <https://www.medicines.org.uk/emc/>